

MAC First aid worker

Maintenance and updating of competences

+ Groupe ACN :

Training certificate
Dematerialised booklet
SST card
SST sticker

Prerequisite :

To have a SST card.

Duration :

7 hours - 1 day

Participants :

All collaborators who wish renew his SST certificate.

Place :

Inside your company or intercompany our training centers.

[Calendar of trainings](#)

Participants :

Minimum 4 collaborators with a maximum of 10.

Objectives :

To allow first aid workers to maintain their competences determined by the baseline of the training, at a level at least equal to his initial training.

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- To identify the SST role in the company.
- To seek remaining risks to protect
- From protect to prevent
- To examine and alert
- From alert to inform
- To rescue :
 - The victim has an heavy bleeding.
 - The victim is choking.
 - The victim feels uncomfortable and/or has abnormal signs.
 - The victim is suffering from burns.
 - The victim has got a pain when she moves.
 - The victim has got a wound without an heavy bleeding.
 - The victim doesn't answer but she is breathing.
 - The victim doesn't answer and doesn't breath.
- Special risks of the company (if necessary).

Pedagogical procedures and evaluation

The content of the training is conformable to the baseline of INRS. After continuous evaluation of participants by the trainer, ACN delivers an attestation and a certificate of first aid valid for 2 years.

Theoretical presentation, incident simulation exercise, case study, trainer feedback.

List of pedagogical material :

- IT equipment : computer, videoprojector, printer.
- Demo equipment : material for simulation exercise, makeup, first aid manikin, defibrillator.

