

# FORMATION MAC SST - ANGLAIS



RÉFÉRENCE: SAP007

## MAINTENANCE AND UPDATING OF COMPETENCES

### + GROUPE ACN

Training certificate  
SST card and SST sticker

### PREREQUISITE

To have a SST card.

### PARTICIPANTS

All collaborators who wish renew his SST certificate.

### PLACE

Inside your company or intercompany our training centers.

4 COLLABORATEURS

MINIMUM

10 COLLABORATORS  
MAXIMUM

DURATION

7 hours -  
1 day

### ✓ OBJECTIVES

To allow first aid workers to maintain their competences determined by the baseline of the training, at a level at least equal to his initial training.

### ✓ TABLE OF CONTENTS

- To identify the SST role in the company.
- To seek remaining risks to protect
- From protect to prevent
- To examine and alert
- From alert to inform
- To rescue :
  - The victim has an heavy bleeding.
  - The victim is choking.
  - The victim feels uncomfortable and/or has abnormal signs.
  - The victim is suffering from burns.
  - The victim has got a pain when she moves.
  - The victim has got a wound without an heavy bleeding.
  - The victim doesn't answer but she is breathing.
  - The victim doesn't answer and doesn't breath.
- Special risks of the company (if necessary).

### ✓ PEDAGOGICAL PROCEDURES - EVALUATION

The content of the training is conformable to the baseline of INRS. After continuous evaluation of participants by the trainer, ACN delivers an attestation and a certificate of first aid valid for 2 years.

Theoretical presentation, incident simulation exercise, case study, trainer feedback.

#### List of pedagogical material :

- IT equipment : computer, videoprojector, printer.
- Demo equipment : material for simulation exercise, makeup, first aid manikin, defibrillator.



Référentiel National Qualité

Audité par  
BUREAU VERITAS  
Certification



Qualiopi  
processus certifié